

ENHANCE EMPLOYEE EFFECTIVENESS



“ **CrushYourBLOCK** tools and process- helped me improve my focus and commitment at work - so I sponsored my direct reports to go through the program. The team has gone from internally combative to collaborative. “Crushing It” is now part of our every day language. I call this my employee accelerator program.

I was stuck so I started a job search because I didn't know what else to do! The workshop helped me realize much I love my job and why. I'm now excited again about my job, co-workers, and company. ”

WORKSHOP PARTICIPANT OUTCOMES

- **SHIFT** | energy to identify, unblock, and address outdated attitudes and behavior
- **CREATE** | clear, achievable milestones to holistically manage career and life
- **RETAIN** | insight into personal blocks for improved short and long-term success
- **HARMONIZE** | personal and professional commitments more effectively
- **UNLEASH** | potential with an action-oriented plan and tools to inform future decision-making

Support employee growth and develop a stronger more successful teams with the CrushYourBLOCK program. Participants exit with tools and practices that increase clarity, build confidence and reduce stress - employees perform better - growing the business and their contribution.

UNIQUE METHODOLOGY BENEFITS

Years of intense concept testing and validation have resulted in CrushYourBLOCK, a streamlined, interactive and holistic approach to career growth. Participants are guided through an innovative Rapid Reset Methodology and provided with tools that can be used on an ongoing basis to reduce mental blocks and make critical decisions with less anxiety.

This interactively led career “jump-start” improves on-the-job productivity, retention and engagement in conjunction with sustainable long-term social and emotionally beneficial practices.

PROGRAM SUMMARY

- 4 hour Facilitated Group Workshop
- Interactive flow: 4 phases
- Leader & Participant Workbooks and Materials
- Effective regardless of role, responsibility, industry or type of business (e.g. gender, generation, level, experience, skills, education, race +).

The CrushYourBLOCK program is available for private, group or organization hosted workshops and can be licensed for corporate programs.